

Events Offered

Track Events

Hurdles	All Age groups Under 6 - Under 13
70 metres	All Age groups Under 6 - Under 13
150 Metres	Under 6 & 7 only
200 Metres	All Age groups Under 6 - Under 13
400 Metres	Under 8 - Under 13 only
800 Metres	Under 10 - Under 13 only
1500 Metres	Under 11 - Under 13 only
700 Metre Walk	Under 9 only
1100 Metre Walk	Under 10 - Under 11 only
1500 Metre Walk	Under 12 - Under 13 only

Field Events

Shot Put	All Age groups Under 6 - Under 13
Discuss	All Age groups Under 6 - Under 13
Javelin	Under 10 - Under 13 only
Turbo Jav	Under 8 - Under 9
Vortex	Under 6 & 7 only
High Jump	Under 8 - Under 13 only
Long Jump	All Age groups Under 6 - Under 13
Triple Jump	All Age groups Under 6 - Under 13
